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FM AMEMBASSY BRIDGETOWN
TO RUEMANB/CDRUSASAC NEW CUMBERLAND PA
RUMIAAA/HQ USSOUTHCOM MIAMI FL
INFO RUEASRB/CDRFORSCOM FT MCPHERSON GA
RUERSHA/HQ USARSO G3 FT SAM HOUSTON TX
RHMFIUU/HQ USARSO RESCUE COORD CNTR FT SAM HOUSTON TX
RUEHC/SECSTATE WASHDC 1863

UNCLAS BRIDGETOWN 000291

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E.O. 12958: N/A

TAGS: ASEC OTRA BB XL

SUBJECT: COUNTRY CLEARANCE FOR GREENE TO TRAVEL TO BARBADOS

REF: 101948Z FEB 06

¶1. AmEmbassy Bridgetown grants country clearance to Ms. Robin Greene, Logistics Management Specialist for travel to Barbados March 11 - 18, 2006. The purpose of this mission is to attend the RSS Security Cooperation Conference.

¶2. Embassy assistance is requested. Hotel and transportation arrangements are being coordinated by Lt Yasmeen Neal, TCA Coordinator, Military Liaison Office, (246) 436-4950, ext 2421. Hotel reservations will be arranged at the Amaryllis Beach Resort, (246) 438-8888. Point of contact is Major Curtis Schmucker, Deputy Chief, Military Liaison Office, (246) 436-4950, ext ¶2284.

¶3. Entry requirements: A valid U.S passport is required to enter Barbados. No Visa is required if your stay is under six months, including those travelers arriving with diplomatic or official passports.

¶4. Departure tax for Barbados \$25.00 BDS or \$12.50 USD.

¶5. The following is general information pertaining to security and health considerations throughout the Eastern Caribbean:

Security

In the Eastern Caribbean, foot travel outside of well-established tourist areas is not generally recommended, especially at night. Be vigilant when using public telephones or ATM facilities near roadsides or quiet areas. As in many U.S. metropolitan areas, wearing expensive jewelry, carrying expensive objects, or carrying large amounts of cash should be avoided. Visitors should also safeguard valuables while at the beach. While hotels are generally safe, many visitors have experienced loss of unattended items. Hotel burglaries are not uncommon and all valuables should be locked in room safes if possible.

Health information

Throughout the Eastern Caribbean, the most likely threat to a visitor's health is sunburn. It takes several weeks to become accustomed to the heat and humidity. Prolonged exposure to the sun, without protection, causes sunburn, and may ultimately result in sun-damaged skin or even skin cancer. Sunscreens should be used for protection. In Barbados, Saint Lucia and Saint Vincent, the major health threat is dengue fever, transmitted by the aedes aegypti mosquito.

Dengue cases are most often seen in the summer months. Persons should therefore protect themselves with insect repellent. There is also a growing number of HIV/AIDS cases reported. The Eastern Caribbean enjoys clean and safe drinking water. Only routine boosters for immunizations (i.e. tetanus, diphtheria, pertussis and oral polio vaccine) are required when traveling to this region. Barbados has the best medical facilities of all the islands in the region and most of the medical specialties have practitioners here.

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